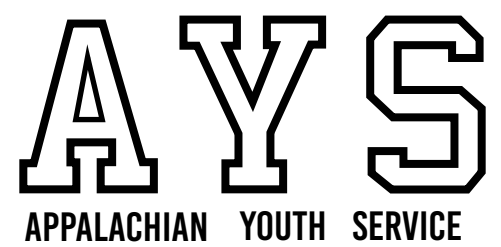


APPALACHIAN YOUTH SERVICE

2020-2021 and 2021-2022

YOUTH LEVEL OF SERVICE DOMAIN CURRICULUM MATRIX



Appalachian Youth Service
PO Box 878
150 Sanborn Lane
Ebensburg, PA 15931
(814) 472-7874

Kathys House
PO Box 878
135 Sanborn Lane
Ebensburg, PA 15931
(814) 471-6909

Day Treatment Program Site #1
PO Box 878
120 Sanborn Lane
Ebensburg, PA 15931
(814) 471-0422

Day Treatment Program Site #2
PO Box 878
135 Sanborn Lane
Ebensburg, PA 15931
(814) 471-6909

The Kathys House residential program as well as the Day Treatment Program incorporate SPEP principles with respect to the YLS, domains, service type, duration/dosage, and quality of service delivery. AYS programs accept youth with a low to high YLS risk assessment score. Our Primary Service Type is group counseling (**). In addition, Kathys House is a PREA compliant facility

AYS LEVEL OF SERVICE DOMAIN CURRICULUM MATRIX

Programs	Kathys House	Day Treatment Program
Family Circumstances/ Parenting	<ul style="list-style-type: none"> *Family Sessions (the Treatment Process, Disclosure, Clarification, Apology) *Assessment *Visitation *JCJC Home Pass/Safety Plan 	<ul style="list-style-type: none"> *Family Sessions (the Treatment Process, Disclosure, Clarification, Apology) *Assessment *Visitation
Education/Academic Skills	<ul style="list-style-type: none"> *Educational Placement *Credit Recovery *High School Diploma *On-Line Options *Tutoring Program *Transition Planning and Activities *ESSA Compliance 	<ul style="list-style-type: none"> *Educational Placement *Credit Recovery *High School Diploma *Individualized Instruction *On-Line Options *Transition Planning and Activities *In Coordination with Central Cambria School District and IU8 Personnel
Peer Relations	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *Peer Group Interactions *Social Skills Training *Bullying Prevention *Community Activities 	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *Peer Group Interactions *Social Skills Training *Bullying Prevention *Community Activities
Substance Abuse	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *AUDIT Risk Assessment *DAST-20 Screening *Curriculum and Workbook *ASPIRE (A Smoking Prevention Interactive Experience) 	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *AUDIT Risk Assessment *DAST-20 Screening *Curriculum and Workbook *ASPIRE (A Smoking Prevention Interactive Experience)
Leisure, Recreation, Community Engagement	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *Community Service *Restitution Payments *Curriculum & Workbook (BARJ, community awareness, victim awareness) *Community Activities 	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *Community Service *Community Activities
Personality/Behavior, Behavioral Health	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *Social Skills Training *Daily Behavior Management *Bullying Prevention *Suicide Prevention *Med Management *Victim Awareness *TOOLS: MPRS, JSSOTR, CAFAS, Beck Inventory *Forward Thinking Journal Series 	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *Social Skills Training *Daily Behavior Management *Bullying Prevention *Suicide Prevention *Med Management *TOOLS: MPRS, JSSOTR, CAFAS, Beck Inventory *Forward Thinking Journal Series
Attitudes/ Orientation	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *BARJ Curriculum and Workbook *Victim Awareness *Anger Management 	<ul style="list-style-type: none"> **Group Counseling *Individual Counseling *CBT/TFC/TIC/TRC/PTSD *BARJ Curriculum and Workbook *Victim Awareness *Anger Management
Employment Workforce Development	<ul style="list-style-type: none"> *Life Skills Training (Curriculum and Manual) *Serv Safe Certification *Career Scope *Work Experience Activities *ID/Driver's License *Part Time Employment *Community Service 	<ul style="list-style-type: none"> *Life Skills Training (Curriculum and Manual) *Social Skills Training *Community Service